

# SUPA

## Speak Up 4 Positive Action

Do you want to set up your own Youth Participation group? Then SUPA is the training programme for you!

### What does the course involve?

[Young People For Inclusion \(YPFI\)](#) will deliver workshops and guidance to young people on subjects such as debating, advocacy, and presenting skills. Young people who attend the training will be encouraged to discuss where they would like to see improved services (eg. youth clubs, cinemas, schools or health services.)

We will then arrange for the young advocates to meet with an organisation that is responsible for delivering the services they would like to see improved. The advocates will have an opportunity to tell the service providers what they think and speak up on behalf of other young disabled people.

YPFI will keep in touch with the students and the organisation they have spoken to, to check how things are progressing and how well things have (hopefully!) improved.

### Why do this course?

This training program follows a similar development pattern that YPFI members themselves follow. By giving them training it helps boost their **skills** and gives them the **confidence** to speak up on issues important to their lives and others with similar circumstances. It enables them to feel they can **make a difference** and that **their voice is heard**.

It gives them the **experience** of interacting with professionals from organisations they will probably use throughout their lives, breaking down barriers and gaining an understanding of how organisations work.

Finally, they may also help **improve a service** that young disabled people use and benefiting their local community for years to come!

All participants will receive a **certificate**, detailing the skills they have learnt and used during the course of this programme.



YPFI aims to stay in contact with organisations who receive this training to build enduring and positive relationships. By training other groups of young people to be confident youth participators, Young People For Inclusion hope to improve their own lives and exist in a more knowledgeable and inclusive society.

Please contact [YPFI](#) to discuss your requirements and costs:

[ypfi@elfridacamden.org.uk](mailto:ypfi@elfridacamden.org.uk)

020 7424 1601

<http://www.ypfi.org.uk/>